

COMMUNION HYMN TABLE OF CONTENTS

*All Communion Hymns, except for No. 12, are basically the same melody.
For each Hymn, the Refrain is sung first and repeated after the chanting of each verse.
The Alleluia is sung after the final singing of the Refrain. No Alleluia is sung after No. 12.*

<u>DAY OR FEAST</u>	<u>FIRST LINE</u>
<i>Sung after the last verse & Refrain of each Hymn (except No. 12 for Holy Thursday)</i>	Alleluia
1. Holy Saturday	And the Lord was awakened
2. Beginning of the Ecclesiastical Year	Bless the crown
3. Palm Sunday	Blessed is He who cometh
4. Saturdays for the Departed; Second Saturday before Great Lent, before Last Judgment Sunday; Second Saturday of Great Lent-for the departed; Third Saturday of Great Lent-for the departed; Fourth Saturday of Great Lent-for the departed; Saturday before Pentecost-Saturday of All Souls	Blessed is he whom Thou hast chosen
5. Ascension	God is gone up in jubilation
6. Fridays	God is our King before the ages
7. Mondays; Nov. 8-Feast of the Archangels	He maketh His angels spirits
8. Wednesdays Sept. 8-Nativity of the Theotokos; Nov. 21-Entrance of the Theotokos; Feb. 2-Meeting of the Lord; Fifth Saturday of Great Lent; Aug. 15-Dormition of the Theotokos	I will take the cup of salvation
9. Aug. 6-Feast of the Transfiguration	O Lord, in the light of Thy face
10. Consecration of a new church	O Lord, I have loved the beauty of Thy house
11. Liturgy of the Presanctified Gifts Holy Monday-Liturgy of the Presanctified Gifts; Holy Tuesday-Liturgy of the Presanctified Gifts; Holy Wednesday- Liturgy of the Presanctified Gifts	O taste and see that the Lord is good
12. Holy Thursday	Receive me today, O Son of God
13. Saturday before Palm Sunday (Lazarus Saturday)	Out of the mouths of infants and sucklings
14. Ordinary Sundays Circumcision of Our Lord; Cheesefare Sunday (Sunday of Forgiveness); First Sunday of Great Lent; Second Sunday of Great Lent; Fourth Sunday of Great Lent; Fifth Sunday of Great Lent; Saturday of Thomas Week; Sunday after Ascension (Sunday of the Holy Fathers of the First Ecumenical Council)	Praise the Lord from the heavens
15. First Sunday after Pascha (St. Thomas Sunday)	Praise the Lord, O Jerusalem
16. Pascha Second Sunday after Pascha (Myrrhbearing Women); Third Saturday after Pascha (Myrrhbearing Women); Third Sunday after Pascha (Paralytic); Fourth Sunday after Pascha (Samaritan Woman); Fifth Sunday after Pascha (Blind Man)	Receive ye the body of Christ

COMMUNION HYMN TABLE OF CONTENTS

(continued)

- | | |
|---|--|
| 17. Saturday-Weekday
Second Sunday before the Nativity of our Lord
(Holy Forefathers);
Sunday before the Nativity of our Lord
(Holy Fathers/Genealogy);
<i>(NOTE: In some traditions, the Communion Hymn
"Praise the Lord" (#14) is prescribed on the Second
Sunday before the Nativity, and the Sunday before
the Nativity.)</i>
First Sunday of Great Lent (for the Ecumenical Council);
Second Saturday of Great Lent;
Third Saturday of Great Lent;
All Saints Sunday;
Martyrs;
Holy Unmercenarys | Rejoice in the Lord, O ye righteous |
| 18. Tuesday-Weekday
Oct. 11-17 (Holy Fathers of the 7 th Ecumenical Council);
Jan. 7-Synaxis of St. John the Baptist;
Aug. 29-Beheading of St. John the Baptist;
First Saturday of Great Lent;
Second Sunday of Great Lent (St. Gregory Palamas);
Fourth Sunday of Great Lent (St. John of the Ladder);
Fifth Sunday of Great Lent (St. Mary of Egypt);
Sunday after the Ascension
(Holy Fathers of the 1 st Ecumenical Council);
A Saint;
A Prophet;
A Hierarchy;
Fools for Christ;
A Martyr;
A Priest-Martyr | The just shall be in everlasting remembrance |
| 19. Sept. 14-Elevation of the Cross
Aug. 1-Procession of the Cross;
Third Sunday of Great Lent (Sunday of the Cross);
Commemoration of a Great Tragedy | The light of Thy countenance, O Lord |
| 20. Mar. 25-Annunciation | For the Lord hath elected Sion |
| 21. Dec. 25-Nativity of Our Lord
Dec. 26-Synaxis of the Theotokos;
Sunday after the Nativity of our Lord;
Leave-taking of the Nativity of our Lord | The Lord hath sent redemption |
| 22. Wednesday of Mid-Pentecost | The Lord saith: He that eateth my flesh |
| 23. Jan. 6-Theophany
Leave-taking of Theophany;
Sunday after Theophany | The grace of God that bringeth salvation |
| 24. Thursday-Weekday
Holy Apostle(s) | Their sound hath gone forth into all the earth |
| 25. Pentecost | Thy good Spirit shall lead me |

Alleluia A

Soprano
Al - le - lu - ia! Al - le - lu - ia!

Alto
Al - le - lu - ia! Al - le -

Tenor
Al - le - lu - ia! Al - le - lu - ia!

Bass
Al - le - lu - ia! Al - le - lu - ia!

Al - le - lu - ia! Al - le - lu - ia!

lu - ia! Al - le - lu - ia! Al - le - lu - ia!

Al - le - lu - ia! Al - le - lu - ia!

Alleluia B

Al - le - lu - ia! Al - le - lu - ia!

COMMUNION HYMN No. 1

*Psalm 77:70 and the
Greek Menaion*

And The Lord Was Awakened

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

And the Lord was a - wak - ened as one that sleep -
eth, and has a - ris - en, sav - ing us.

The musical score is written for voice and piano. It consists of two systems of music. The first system is the refrain, which begins with the lyrics 'And the Lord was a - wak - ened as one that sleep -'. The second system continues the refrain with the lyrics 'eth, and has a - ris - en, sav - ing us.' The music is in a key with one flat (B-flat) and is in a 4/4 time signature. The piano accompaniment features a steady bass line and chords that support the vocal melody.

Verses:

- (1) He smote His enemies upon their backs,
reproach everlasting He gave to them. (*Psalm 77:71*)
- (2) He rejected the dwelling of Joseph,
and He chose not the tribe of Ephraim. (*Psalm 77:72*)
- (3) He chose the tribe of Judah,
Mount Sion which He loved. (*Psalm 77:73*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Holy Saturday

COMMUNION HYMN No. 2

Psalm 64:12

Bless the Crown of the Year

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

The musical score is written for voice and piano. It begins with a treble clef and a key signature of one flat (B-flat). The refrain is marked with a bracket above the first line of music. The lyrics are: "Bless the crown, bless the crown of the year with Thy good-ness, O Lord, with Thy good-ness, O Lord." The piano accompaniment consists of chords and single notes in both hands.

Verses:

- (1) Enriched shall be the mountains of the wilderness,
and the hills shall be girded with rejoicing. (*Psalm 64:13*)
- (2) The rams of the flock have clothed themselves with fleece,
and the valleys shall abound with wheat. (*Psalm 64:14*)
- (3) They shall cry aloud,
yea, they shall chant hymns unto Thee. (*Psalm 64:14*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Sept 1 – Beginning of the Ecclesiastical Year

COMMUNION HYMN No. 3

Psalm 117:25

Blessed Is He Who Cometh

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

Bless - ed is He, bless - ed is He,
who com - eth in the Name, in the Name of the Lord.

Verses:

- (1) We have blessed you out of the house of the Lord.
God is the Lord and hath appeared unto us. (*Psalm 117:26*)
- (2) Ordain a feast with thick boughs, even unto the horns of the altar.
(*Psalm 117:27*)
- (3) Thou art my God and I will confess Thee; Thou art my God and I will exalt Thee.
(*Psalm 117:28*)
- (4) I will give thanks unto Thee, for Thou hast heard me, and Thou art become my salvation.
(*Psalm 117:29*)
- (5) O give thanks unto the Lord, for He is good, for His mercy endureth forever.
(*Psalm 117:30*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Palm Sunday

COMMUNION HYMN No. 4

Blessed Is He Whom Thou Hast Chosen

Byzantine Tone 8

Arranged by Michael G. Farrow

Refrain:

The musical score is written for voice and piano. It consists of four systems of music. Each system has a vocal line on a treble clef staff and a piano accompaniment on a bass clef staff. The key signature has one flat (B-flat). The tempo and style are indicated by the 'Byzantine Tone 8' and 'Arranged by Michael G. Farrow' text. The lyrics are: 'Bless - ed is he, bless - ed is he whom Thou hast cho - sen and hast tak - en to Thy - self. Thy re - mem - brance, Thy re - mem - brance is un - to gen - er - a - tion and gen - er - a - tion.'

Verses:

- (1) He shall dwell in Thy courts. (Psalm 64:4)
- (2) We shall be filled with the good things of Thy house; holy is Thy temple, wonderful in righteousness. (Psalm 64:5)
- (3) Hearken unto us, O God our Saviour, Thou hope of all the ends of the earth and of them that be far off at sea. (Psalm 64:6)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Saturdays for the Departed; Second Saturday before Great Lent, before Last Judgment Sunday; Second Saturday of Great Lent—for the Departed; Third Saturday of Great Lent—for the Departed; Fourth Saturday of Great Lent—for the Departed; Saturday before Pentecost—Saturday of All Souls

COMMUNION HYMN No. 5

God Is Gone Up In Jubilation

Psalm 46:5

Byzantine Tone 8
Arranged by Michael G. Farrow

God is gone up in jubilation,

the Lord with the voice of the trumpet.

Verses:

- (1) O chant unto our God, chant ye; chant unto our King, chant ye. (*Psalm 46:6*)
- (2) For God is king of all the earth, O chant ye with understanding. (*Psalm 46:7*)
- (3) God is king over the nations, God sitteth upon His holy throne. (*Psalm 46:8*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Ascension

COMMUNION HYMN No. 6

God Is Our King Before The Ages

Psalm 73:13

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

God _____ is our _____ King be - fore the a - ges;

The musical notation for the refrain consists of two staves. The upper staff is in treble clef and the lower staff is in bass clef. The key signature has one flat (B-flat). The melody is written in a style characteristic of Byzantine Tone 8, with a mix of quarter, eighth, and sixteenth notes, and rests. The lyrics are placed below the notes, with some words underlined to indicate phrasing.

He hath wrought sal - va - tion in the midst of the earth.

The musical notation for the verse consists of two staves. The upper staff is in treble clef and the lower staff is in bass clef. The key signature has one flat (B-flat). The melody is written in a style characteristic of Byzantine Tone 8, with a mix of quarter, eighth, and sixteenth notes, and rests. The lyrics are placed below the notes.

Verses:

- (1) Thou didst establish the sea by Thy might. (*Psalm 73:14*)
- (2) Thou didst break the heads of the dragons in the water. (*Psalm 73:14*)
- (3) Thou didst crush the head of the dragon. Thou gavest him as food to the Ethiopian people. (*Psalm 73:15*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Fridays

COMMUNION HYMN No. 7

Psalm 103:5

He Maketh His Angels Spirits

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

He mak - - - eth His an - gels spir - its,

The image shows the musical notation for the refrain of the hymn. It consists of two staves, a treble clef on top and a bass clef on the bottom. The key signature has one flat (B-flat). The melody is written in a style characteristic of Byzantine Tone 8. The lyrics are: "He mak - - - eth His an - gels spir - its," with hyphens indicating long notes.

and His min - is - ters a flame of fire.

The image shows the musical notation for the continuation of the hymn. It consists of two staves, a treble clef on top and a bass clef on the bottom. The key signature has one flat (B-flat). The melody continues from the previous section. The lyrics are: "and His min - is - ters a flame of fire." with hyphens indicating long notes.

Verses:

- (1) Who establisheth the earth in the sureness thereof; it shall not be turned back for ever and ever. (*Psalm 103:6*)
- (2) The abyss like a garment is His mantle; upon the mountains shall the waters stand. (*Psalm 103:7*)
- (3) At Thy rebuke they will flee, at the voice of Thy thunder shall they be afraid. (*Psalm 103:8*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Mondays, Nov. 8—Feast of the Archangels

COMMUNION HYMN No. 8

I Will Take The Cup of Salvation

Psalm 115:4

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

I will take the cup of sal - va - - - tion,

and I will call up - on the name of the Lord.

Verses:

- (1) My vows unto the Lord will I pay in the presence of all His people. (*Psalm 115:5*)
- (2) Precious in the sight of the Lord is the death of His saints. (*Psalm 115:6*)
- (3) O Lord, I am Thy servant; I am Thy servant and the son of Thy handmaid.
Thou hast broken my bonds asunder. (*Psalm 115:7*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Wednesdays; Sept. 8-Nativity of the Theotokos; Nov. 21-Entrance of the Theotokos;
Feb. 2-Meeting of the Lord; Fifth Saturday of Great Lent; Aug. 15-Dormition of the Theotokos

COMMUNION HYMN No. 9

O Lord, In The Light of Thy Face

Psalm 88:15

Byzantine Tone 8
Arranged by Michael G. Farrow

O Lord, in the light of Thy face shall they walk,
and in Thy Name shall they rejoice all the day long.

The image shows a musical score for a hymn. It consists of two systems of music. Each system has a vocal line and a piano accompaniment. The vocal line is written in a single staff with a treble clef and a key signature of one flat (B-flat). The piano accompaniment is written in two staves, with a bass clef on the left and a treble clef on the right. The music is in a simple, homophonic style. The lyrics are written below the vocal line. The first system covers the first two lines of the hymn, and the second system covers the last two lines. The piano accompaniment provides a harmonic support for the vocal line.

Verses:

- (1) In Thy righteousness shall they be exalted. (*Psalm 88:15*)
- (2) For the boast of their strength art Thou, and in Thy good pleasure shall our horn be lifted high. (*Psalm 88:16*)
- (3) For from the Lord is our defense, yea, from the Holy One of Israel, our King. (*Psalm 88:17*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Aug. 6-Feast of the Transfiguration

COMMUNION HYMN No. 10

Psalm 25:7

O Lord, I Have Loved The Beauty of Thy House

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

O Lord, I have loved the beauty of Thy house,

I have loved the beauty of Thy house.

Verses:

- (1) [I have loved] the place where Thy glory dwelleth. (*Psalm 25:7b*)
- (2) I will wash my hands in innocence and I will compass Thine altar. (*Psalm 25:6*)
- (3) O Lord, that I may hear the voice of Thy praise. (*Psalm 25:6*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Consecration of a new church

COMMUNION HYMN No. 11

Psalm 33:8

O Taste And See

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

O ___ taste _____ and see that the Lord _____ is good.

The musical notation for the refrain consists of two staves, treble and bass clef, in a key signature of one flat (B-flat). The melody is written in a Byzantine style with a mix of quarter, eighth, and sixteenth notes, often beamed together. The lyrics are placed below the notes, with blank lines for breath or emphasis.

O taste and see that the Lord _____ is good.

The musical notation for the main body of the hymn consists of two staves, treble and bass clef, in a key signature of one flat. The melody is written in a Byzantine style with a mix of quarter, eighth, and sixteenth notes, often beamed together. The lyrics are placed below the notes, with blank lines for breath or emphasis.

Verses:

- (1) Blessed is the man that hopeth in Him. (*Psalm 33:8*)
- (2) O fear the Lord, all ye His saints,
for there is no want to them that fear Him. (*Psalm 33:9*)
- (3) Rich men have turned poor and gone hungry;
but they that seek the Lord shall not be deprived of any good thing. (*Psalm 33:10*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Liturgy of the Presanctified Gifts; Holy Monday, Holy Tuesday, & Holy Wednesday-Liturgy of the Presanctified Gifts

COMMUNION HYMN No. 12

Receive Me Today

Byzantine Tone 8

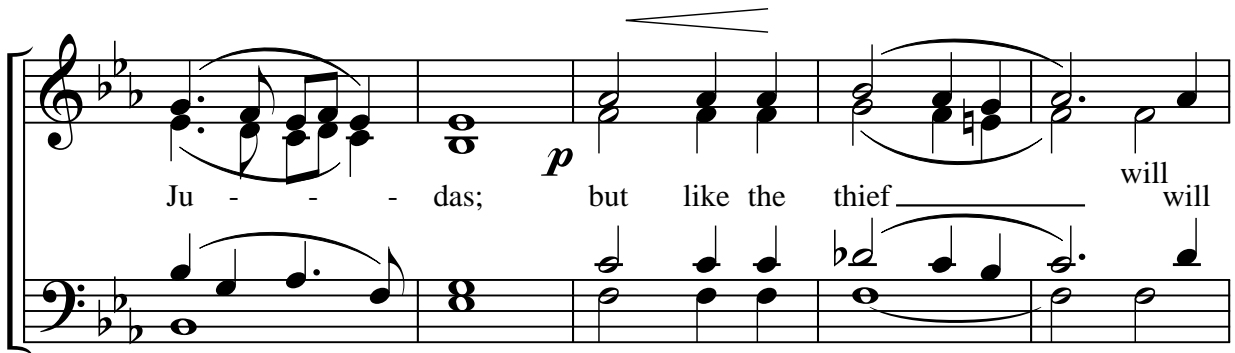
Frederick T. Karam
(1926 - 1978)

The musical score is written in 4/4 time with a key signature of two flats (B-flat and E-flat). It consists of four systems of music, each with a vocal line and a piano accompaniment. The lyrics are: "Re - ceive me to - day, O Son of God, as par - tak - er of thy mys - ti - cal sup - per; for I will not speak, for I will not speak of thy mys - ter - y to thine". The score includes dynamic markings such as *p* (piano) and *f* (forte), and various musical notations including slurs, ties, and fermatas.

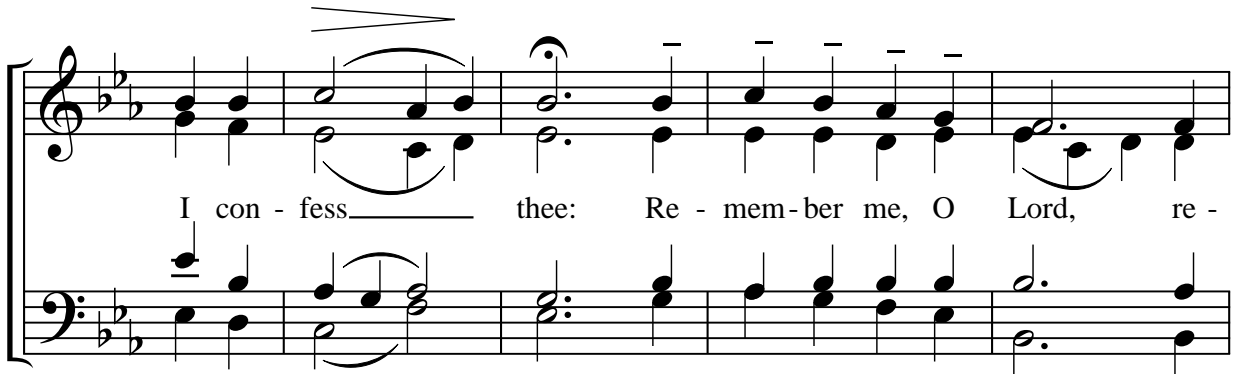
p Re - ceive me to - day, O Son of
God, as par - tak - er of thy mys - ti - cal
sup - per; for I will not speak,
p for I will not speak of thy mys - ter - y to thine



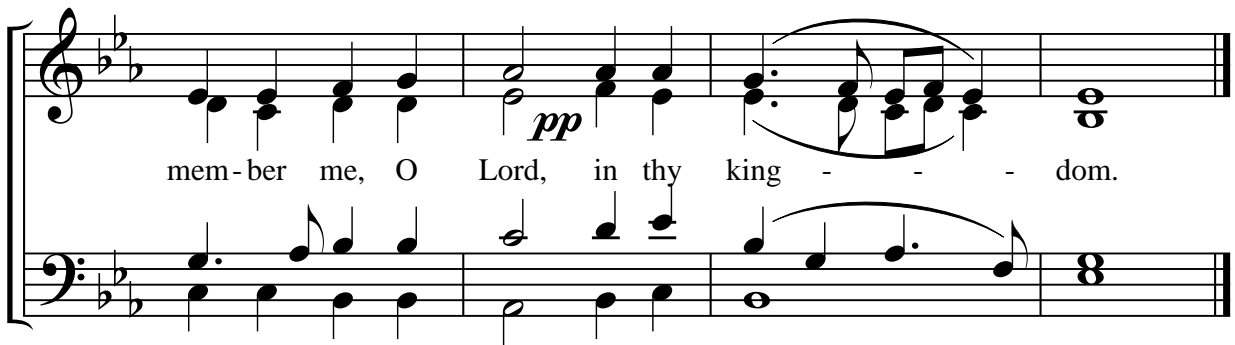
en - e - mies, nei-ther will I give thee a kiss as did
will I



Ju - - das; *p* but like the thief will will



I con - fess thee: Re - mem - ber me, O Lord, re -



mem - ber me, O Lord, *pp* in thy king - - - dom.

USAGE: Holy Thursday

COMMUNION HYMN No. 13

Out Of The Mouths Of Infants & Sucklings

Psalm 8:2

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

Out of the mouths of in - fants, in - fants and suck - lings,

Thou hast per - fect - ed praise, Thou hast per - fect - ed praise.

Verses:

- (1) For I will behold the heavens, the works of Thy fingers, the moon and the stars, which Thou hast founded. (*Psalm 8:3*)
- (2) What is man, that Thou art mindful of him? Or the son of man, that Thou visitest him? (*Psalm 8:4*)
- (3) Thou hast made him a little lower than the angels; with glory and honor hast Thou crowned him, and Thou hast set him over the works of Thy hands. (*Psalm 8:5*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Saturday before Palm Sunday (Lazarus Saturday)

COMMUNION HYMN No. 14

Psalm 148:1

Praise the Lord from the Heavens

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

The musical score is written for voice and piano. It consists of two systems of music. The first system is the refrain, starting with the lyrics 'Praise the Lord from the heavens,'. The second system continues with 'praise Him in the highest.' The music is in a key with one flat (B-flat major or D minor) and a 4/4 time signature. The piano accompaniment features a steady bass line and chords that support the vocal melody. The lyrics are placed below the vocal line, with some words spanning across bar lines.

Verses:

- (1) Praise Him, all ye His angels; praise Him, all ye His hosts. (*Psalm 148:2*)
- (2) Praise Him, O sun and moon; praise Him, all ye stars and light. (*Psalm 148:3*)
- (3) Praise Him, ye heavens of heavens, and thou water that art above the heavens. (*Psalm 148:4*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Ordinary Sundays; Circumcision of our Lord; Cheesefare Sunday (Sunday of Forgiveness); First Sunday of Great Lent; Second Sunday of Great Lent; Fourth Sunday of Great Lent; Fifth Sunday of Great Lent; Saturday of Thomas Week; Sunday after Ascension (Sunday of the Holy Fathers of the First Ecumenical Council)

COMMUNION HYMN No. 15

Praise the Lord, O Jerusalem

Psalm 147:1

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

The musical score is written for voice and piano. It consists of two systems of music. The first system is the refrain, starting with the lyrics "Praise the Lord, O Jerusalem;". The second system continues with "Praise thy God, O Si - on." The music is in a key with one flat (B-flat major or D minor) and a 4/4 time signature. The piano accompaniment features a steady bass line and chords that support the vocal melody. The lyrics are written below the vocal line, with hyphens indicating syllables that span across notes.

Verses:

- (1) For he hath strengthened the bars of thy gates,
He hath blessed thy sons within thee. (*Psalm 147:2*)
- (2) He bringeth peace upon thy borders,
and with the fatness of the wheat He filleth thee. (*Psalm 147:3*)
- (3) He sendeth His saying unto the earth. (*Psalm 147:4*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: First Sunday after Pascha (St. Thomas Sunday)

COMMUNION HYMN No. 16

Receive Ye The Body of Christ

Based on John 4:14
and John 7:37-38

Byzantine Tone 8
Arranged by Michael G. Farrow

Re - ceive _____ ye the Bod - y of Christ!

Taste ye of the Foun - tain Im - mor - tal!

The image shows a musical score for a hymn. It consists of two systems of music. Each system has a vocal line (treble clef) and a piano accompaniment line (bass clef). The first system is for the first line of the hymn: 'Re - ceive _____ ye the Bod - y of Christ!'. The second system is for the second line: 'Taste ye of the Foun - tain Im - mor - tal!'. The piano accompaniment features a steady bass line and chords that support the vocal melody.

Verses:

- (1) Great is the mystery of Thy Resurrection, O Christ!
(from the Pentecostarion)
- (2) From the supper the Immortal One willingly comes to the passion.
(Sticheron Idiomelon for Holy Monday)
- (3) Then was Hades, who accounted and demanded of souls, embittered at the encounter.
(Catechetical Sermon on the Resurrection of St. John Chrysostom)
- (4) Then was Mary, who annointed and worshipped God before the tomb, made glad.
(Based on John 14-18, 20)
- (5) Tell Peter and the other apostles that the Immortal One hath risen from the dead.
(Based on Mark 16:7)

USAGE: Pascha; Second Sunday after Pascha (Myrrhbearing Women); Third Saturday after Pascha (Myrrhbearing Women); Third Sunday after Pascha (Paralytic); Fourth Sunday after Pascha (Samaritan Woman); Fifth Sunday after Pascha (Blind Man)

COMMUNION HYMN No. 17

Rejoice In The Lord, O Ye Righteous

Psalms 32:1

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

Re - joice in the Lord, O ye right - eous;
praise is meet for the up - right.

The musical score is written for two staves, Treble and Bass clef, in a key signature of one flat (B-flat). The melody is primarily composed of eighth and quarter notes, with some rests. The lyrics are placed below the notes. The first line of the refrain is "Re - joice in the Lord, O ye right - eous;" and the second line is "praise is meet for the up - right." The score ends with a double bar line.

Verses:

- (1) Give praise to the Lord with the harp, chant unto him with the ten-stringed psaltery. *(Psalm 32:2)*
- (2) Sing unto Him a new song, chant well unto Him with jubilation. *(Psalm 32:3)*
- (3) For the word of the Lord is true, and all His works are in faithfulness. *(Psalm 32:4)*

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Saturday-Weekday; Second Sunday before the Nativity of our Lord (Holy Forefathers); Sunday before the Nativity of our Lord (Holy Fathers/Genealogy); First Sunday of Great Lent (for the Ecumenical Council); Second Saturday of Great Lent; Third Saturday of Great Lent; All Saints Sunday; Martyrs; Holy Unmercenaries

NOTE: In some traditions, the Communion Hymn "Praise the Lord" (#14) is prescribed on the Second Sunday before the Nativity, and the Sunday before the Nativity.

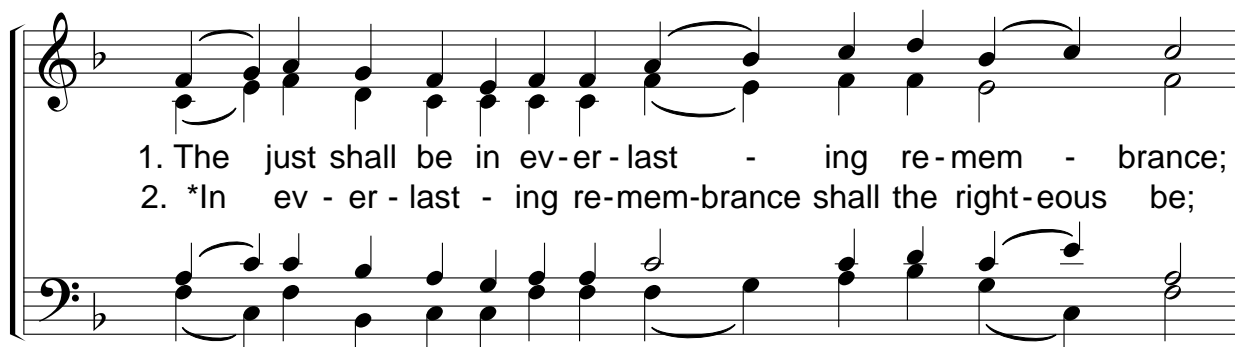
COMMUNION HYMN No. 18

The Just Shall Be


Psalm 111:6

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:



1. The just shall be in ev-er-last - ing re-mem - brance;
2. *In ev - er - last - ing re-mem-brance shall the right-eous be;



he shall not be a - fraid of e - vil tid - ings.

Verses:

(1) His heart is ready to hope in the Lord; his heart is established, he shall not be afraid, until he look down upon his enemies. (*Psalm 111:7*)

(2) He hath dispersed, he hath given to the poor, his righteousness abideth unto ages of ages; his horn shall be exalted with glory. (*Psalm 111:8*)

(3) The sinner shall see and be angered, he shall gnash with his teeth and melt away; the desire of the sinner shall perish. (*Psalm 111:9*)

(* This translation is taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Tuesday-Weekday; October 11-17-Holy Fathers of the Seventh Ecumenical Council; January 7-Synaxis of St. John the Baptist; August 29-Beheading of St. John the Baptist; First Saturday of Great Lent; Second Sunday of Great Lent (St. Gregory Palamas); Fourth Sunday of Great Lent (St. John of the Ladder); Fifth Sunday of Great Lent (St. Mary of Egypt); Sunday after the Ascension (Holy Fathers of the First Ecumenical Council); a Saint; a Prophet; a Hierarch; Fools for Christ; a Martyr; a Priest-Martyr

COMMUNION HYMN No. 19
The Light Of Thy Countenance

Psalms 115:4

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

The light of Thy countenance, O Lord,

The musical notation for the refrain consists of two staves, treble and bass clef, in a key signature of one flat (B-flat). The melody is written in a style characteristic of Byzantine Tone 8. The lyrics are: "The light of Thy countenance, O Lord,". The notes are: G4 (quarter), A4 (quarter), Bb4 (quarter), C5 (quarter), Bb4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (half).

hath been signed up - - - on us.

The musical notation continues on two staves. The lyrics are: "hath been signed up - - - on us.". The notes are: D4 (half), C4 (half), Bb4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (half).

Verses:

- (1) Thou hast given gladness to my heart. (*Psalms 4:7*)
- (2) From the fruit of their wheat, wine and oil are they multiplied. (*Psalms 4:8*)
- (3) In peace in the same place I shall lay me down and sleep. (*Psalms 4:9*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Sept. 14-Elevation of the Cross; Aug. 1-Procession of the Cross; Third Sunday of Great Lent (Sunday of the Cross); Commemoration of a Great Tragedy

COMMUNION HYMN No. 20

For The Lord Hath Elected Sion

Psalm 131:14

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

For the Lord _____ hath e - lect - ed Si - on;

The musical notation for the refrain consists of two staves, treble and bass clef, in a key signature of one flat. The melody is written in a simple, homophonic style with a mix of quarter and eighth notes. A long horizontal line is placed under the words "For the Lord" to indicate a breath mark or a specific melisma.

He hath cho - sen her to be a hab - i - ta - tion for Him - self.

The musical notation for the main body of the hymn consists of two staves, treble and bass clef, in a key signature of one flat. The melody is written in a simple, homophonic style with a mix of quarter and eighth notes. The piece concludes with a final cadence in the treble clef.

Verses:

(1) This is my rest for ever and ever; here will I dwell, for I have chosen her.
(Psalm 131:15)

(2) Blessing, I will bless her pursuit; her beggars will I satisfy with bread.
(Psalm 131:16)

(3) Her priests will I clothe with salvation, and her saints with rejoicing shall rejoice.
(Psalm 131:17)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: March 25-Annunciation

COMMUNION HYMN No. 21
The Lord Hath Sent Redemption

Psalms 110:8

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

The Lord hath sent, the Lord hath sent

re - demp - tion to His Peo - ple.

Verses:

(1) He hath enjoined His covenant for ever; holy and terrible is His name.
(*Psalms 110:8*)

(2) The fear of the Lord is the beginning of wisdom; all they that foster this
have a good understanding. (*Psalms 110:9*)

(3) His praise abideth unto ages of ages. (*Psalms 110:10*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Dec. 25th-Nativity of our Lord; Dec. 26-Synaxis of the Theotokos; Sunday after the Nativity of our Lord; Leave-taking of the Nativity of our Lord

COMMUNION HYMN No. 22

The Lord Saith: He That Eateth My Flesh

John 6:56-57

Byzantine Tone 8
Arranged by Michael G. Farrow

The Lord saith: He that eateth my flesh, and

drinketh my blood abideth in me, and I in him.

Verses:

(1) As the living Father sent me, and I live because of the Father, so he who eats me will live because of me. (*John 6:57*)

(2) This is the bread which came down from heaven. (*John 6:58*)

(3) He who eats this bread will live forever. (*John 6:59*)

USAGE: Wednesday of Mid-Pentecost

COMMUNION HYMN No. 23

The Grace of God

Titus 2:11

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

The__ grace_____ of God that bring - eth sal - va - tion

The musical notation for the refrain consists of two staves, treble and bass clef, in a key signature of one flat (B-flat). The melody is written in a style characteristic of Byzantine Tone 8, featuring a series of eighth and quarter notes with various rests and ties. The lyrics are placed below the notes, with some words connected by hyphens.

hath_____ ap - peared to_____ all_____ men.

The musical notation continues on two staves, treble and bass clef. The melody continues with similar rhythmic patterns and ties. The lyrics are placed below the notes.

Verses:

- (1) Looking for that blessed hope, and the glorious appearing of our great God and Saviour, Jesus Christ. (*Titus 2:13*)
- (2) He who gave Himself for us to redeem us from all iniquity. (*Titus 2:14*)
- (3) To purify for Himself a people of His own, who are zealous for good deeds. (*Titus 2:14*)

(Translation taken from "The January Menaion," Holy Transfiguration Monastery, Boston, MA, 2005)

USAGE: Jan. 6-Theophany; The Leave-taking of Theophany; Sunday after Theophany

COMMUNION HYMN No. 24

Psalm 18:4

Their Sound Hath Gone Forth

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

The musical score is written for voice and piano. It consists of two systems of music. The first system is the refrain, starting with the lyrics "Their sound hath gone forth in - to all the earth,". The second system continues with the lyrics "and their words un - to the ends of the world." The music is in a key with one flat (B-flat major or D minor) and a 4/4 time signature. The piano accompaniment features a steady bass line and chords that support the vocal melody. The lyrics are placed below the vocal line, with hyphens indicating syllables that span across two notes.

Verses:

- (1) In the sun hath He set His tabernacle. (*Psalm 18:5*)
- (2) He, like a bridegroom coming forth from his chamber, will rejoice like a giant to run his course. (*Psalm 18:5*)
- (3) From the outermost border of heaven is His going forth. (*Psalm 18:6*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Thursday-Weekday; Holy Apostle(s)

COMMUNION HYMN No. 25

Thy Good Spirit

Psalm 142:12

Byzantine Tone 8
Arranged by Michael G. Farrow

Refrain:

Thy good Spir - it shall lead me
in the land of up - right - ness.

The musical score is written for voice and piano. It consists of two systems. The first system is the refrain, starting with the lyrics 'Thy good Spir - it shall lead me'. The second system continues with 'in the land of up - right - ness.' The music is in a single melodic line with piano accompaniment. The key signature has one flat (B-flat), and the time signature is 4/4. The melody is simple and hymn-like, with a clear cadence at the end of the second system.

Verses:

- (1) For Thy name's sake, O Lord, shalt Thou quicken me. (*Psalm 142:12*)
- (2) In Thy righteousness shalt Thou bring my soul out of affliction. (*Psalm 142:13*)
- (3) In Thy mercy shall Thou utterly destroy mine enemies. (*Psalm 142:13*)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

USAGE: Pentecost